



**TRUE MARTIAL ARTS**  
**TAE KWON DO • ARNIS**

2912 228th Ave. SE ~ Sammamish, WA. 98075  
(425) 313-9680 [www.truemartialarts.com](http://www.truemartialarts.com)

**MARTIAL ARTS CLASS SCHEDULE**

**LEVEL 1 BEGINNERS**

**White Belt, Advanced White Belt, & Yellow Belt**

**Pee Wee Kickers (Ages 5 and under):**

Wednesday	9:30 - 10:15 AM
Wednesday	11:00 - 11:45 AM
Wednesday	2:00 - 2:45 PM
Wednesday	3:00 - 3:45 PM

**Youth (Ages 5-7):**

Monday & Wednesday	4:00 - 4:40 PM
Monday & Wednesday	4:45 - 5:25 PM
Tuesday & Thursday	4:15 - 4:55 PM
Tuesday & Thursday	5:00 - 5:40 PM

**Youth (Ages 7-12):**

Monday & Wednesday	5:30 - 6:10 PM
Tuesday & Thursday	4:00 - 4:40 PM
Tuesday & Thursday	5:45 - 6:25 PM

**Teen & Adult:**

Tuesday & Thursday (LV 1-2)	6:30 - 7:25 PM
Tuesday & Friday (LV 1-4)	Tue: 10:30 - 11:30 AM
	Fri: 9:30 - 10:30 AM

**Mixed Class (All Ages):**

Monday & Wednesday (LV 1-2) 6:15 - 7:10 PM

\*\*\*\* *Some Classes May Have a Waiting List* \*\*\*\*

**Other Classes**

<b>Arnis</b>	Wednesday	3:15 - 3:55 PM
<b>Arnis</b>	Thursday	7:15 - 8:15 PM
<b>Youth Make-up:</b>	Saturday	10:00 - 11:00 AM
<b>Adult Make-up:</b>	Friday	7:00 - 8:00 PM

\*\*\*\* *Make-up classes are sometimes cancelled for special events. Check weekly for availability.* \*\*\*\*