



TRUE MARTIAL ARTS
TAE KWON DO · ARNIS

2912 228th Ave. SE ~ Sammamish, WA. 98075
(425) 313-9680 www.truemartialarts.com

MARTIAL ARTS CLASS SCHEDULE

LEVEL 1 BEGINNERS

White Belt, Advanced White Belt, & Yellow Belt

Pee Wee Kickers (Ages 5 and under):

Wednesday 9:30 - 10:15 AM
Wednesday 3:00 - 3:45 PM

Youth (Ages 5-7):

Monday & Wednesday 4:00 - 4:40 PM
Monday & Wednesday 4:45 - 5:25 PM

Youth (Ages 7-12):

Monday & Wednesday 5:30 - 6:10 PM
Tuesday & Thursday 4:00 - 4:40 PM
Tuesday & Thursday 5:45 - 6:25 PM

Youth (Ages 5-12):

Tuesday & Thursday 5:00 - 5:40 PM

Teen & Adult:

Tuesday & Thursday (LV 1-2) 6:30 - 7:25 PM
Tuesday & Friday (LV 1-4) Tue: 10:30 - 11:30 AM
Fri: 9:30 - 10:30 AM

Mixed Class (All Ages):

Monday & Wednesday (LV 1-2) 6:15 - 7:10 PM

**** *Some Classes May Have a Waiting List* ****

Other Classes

Arnis Wednesday 3:15 - 3:55 PM
Arnis Thursday 7:15 - 8:15 PM
Youth Make-up: Saturday 10:00 - 11:00 AM
Adult Make-up: Friday 7:00 - 8:00 PM

**** *Make-up classes are sometimes cancelled for special events. Check weekly for availability.* ****